

Vol. 12 No. 1

Car Care News

Winter 2012

Central County Homeless Outreach

Since 2004, Doug Stewart has made it his mission to do what he can to help solve the homeless crisis. What started out as just helping some in Pacheco has turned into a mission for Doug and he commits himself to getting out into the community six days a week, including weekends, to make a difference in the lives of the homeless and temporarily stranded.



Before long, it started taking large amounts of money to meet the needs of the growing homeless population. What started out being completely funded by Doug and his wife Bailey, soon exhausted their resources and it was time to look for help from concerned and caring people in the community. In 2011, with the help of Joe Tully, an attorney with his office on Main Street in downtown Martinez, the Pacheco/Martinez Homeless Outreach, Inc. was incorporated in the State of California and became a legitimate IRS 501 (C)(3) charitable organization.

In January of 2012, they changed the name to Central County Homeless Outreach to better reflect the cities served such as Concord, Pleasant Hill, Pittsburg, Antioch, Martinez, Pacheco, Richmond and others.

On any given night, you will find Doug Stewart out looking for people that are homeless so he can meet them, get to know them better and hopefully gain their trust.

This may come about because a local police department or other local government agency has called and asked for Doug to place a visit; a citizen may call and tell Doug about a homeless person in a neighborhood or shopping area; or he may just see them in the "usual places" as he begins his rounds going from city to city.

Doug and CCHO's goal is to help each homeless person link up with the various resources available to them, whether it be to find shelter off the streets or meet with counselors and other -Continued on Page 4

Visit Our Website to make an appointment at

www.haginsauto.com

You can also scan the QR code below with your iPhone or any smart phone with a QR code reader.



Look Inside

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Ever wonder about the story behind that little red truck that is often parked in front of Hagin's Automotive? Wonder no more.

Bob Hagin, otherwise known as "Grandpa" (1933-2004), informed Andy of one of his last requests: "Get my little red truck to pass smog." In 2005, Andy began the journey toward restoring the vehicle that had belonged to his father.

He started by converting the 1987 Toyota pick-up from the 22R carbureted engine to a 22RE fuel injected engine. He replaced the factory transmission with a close ratio five-speed transmission from a turbo model Toyota pick-up. The truck was given a fresh coat of shiny red paint, a spray-on bed liner, a new set of aluminum wheels and a sticker on the back window that reads, "Grandpa's Little Red Truck."

Andy Says: Fuel Saving Tips

It has been four years since we last discussed fuel saving tips. In 2008 gas prices were at an all-time high, at about \$4.50 per gallon. Today, gas prices are not much lower. The average price of a gallon is \$3.69. While this has people cutting out unnecessary driving trips, we are still driving our cars. Here are Andy's fuel saving tips.

1. Maintain Your Vehicle

We cannot stress this point enough! The modern engine relies on a variety of sensors to ensure the correct fuel-to-air ratio, spark plug ignition timing, and everything inbetween. A poorly maintained car with a dirty air filter or bad oxygen sensor will take steps to self correct in order to ensure it operates as intended; sadly, this self correction



often lowers fuel efficiency.

2. Keep Your Car Aligned and Tires Inflated

A poorly aligned vehicle, or one with underinflated tires will not only require new tires more frequently, but will also suffer from lower fuel efficiency as it fights to overcome extra drag. As a service to you, we will check your tire

pressure during every oil change or service that we perform.

3. Decarbonize Your Engine

If your vehicle has 30,000 miles or more, it may be time for an engine decarbonization. This service helps remove mileage-robbing carbons that can build up inside the engine.

4. Change Your Driving Habits

Yes, the way you drive affects the number of miles you can expect to get per gallon.

Your car burns the most gas upon acceleration; therefore, you can reduce your fuel use by slowing down, looking ahead and by not subjecting your vehicle to unnecessarily hard acceleration when you know that you will be braking soon anyway.



Citrus Meltaways

Adapted from Martha Stewart Makes about 4 1/2 dozen cookies

1 1/2 sticks (12 T) butter, brought to room temperature

1 1/3 c confectioners sugar

Zest of 1 grapefruit and 1/2 lime (about 2 T)

2 T freshly squeezed citrus juice (grapefruit/lime)

1 T vanilla extract

1 3/4 c plus 2 T of all-purpose flour

2 T cornstarch

1/4 t salt

In a food processor, combine butter, 2/3 c sugar, zest, citrus juice and vanilla. Pulse 1-2 minutes, until well combined. Add in flour, cornstarch and salt. Pulse another 1-2 minutes, until combined into a soft dough.

Place dough on a cutting board, and separate into two equal balls. Roll each into a log, 8" in length. Place each log on a parchment-lined baking sheet and transfer to the refrigerator. Chill at least 30 minutes (dough can also be frozen at this point, for later use).

Preheat oven to 350F. Return logs to the cutting board, and cut into 1/8" cookies (about 56 total). Divide cookies among two non-stick (or parchment lined) baking sheets, about 1" apart. Transfer to oven, cooking 1 sheet at a time, if necessary. Bake until barely golden, about 13-15 minutes. Let cool 5 minutes.

Place remaining 2/3 cup sugar in a sealable plastic bag. While still warm, place cookies in sugar-filled bag. Gently toss to coat, and return to a platter to finish cooling. Cookies can be stored in an airtight container for up to 2 weeks. From www.fresh365online.com

Meet The Technicians

Our technicians have been certified by the National Institute for Automotive Service Excellence, so you have peace of mind before, during and after your repair.



Brad

Brad is the first technician that Andy hired when he began to expand. Brad has over 30 years of experience as an automotive professional and is a true car and mo-

torcycle enthusiast. In his spare time, Brad works to restore his '55 Chevy. Brad and his wife have also logged over 45,000 weekend miles on their motorcycle during the past eight years.



Scott

Scott has been with Hagin's Automotive for two years. Scott has over 20 years of experience as an automotive technician. He enjoys spending time with his wife and

daughter, riding his Harley V-Rod, camping, hunting and fishing. Scott rides his V-Rod to work every day when the weather is nice.



Charlie

Charlie and his wife have three daughters who keep them busy with cheerleading and school events. When Charlie is not busy with his family, he enjoys golfing, camping

and fishing. Charlie has been with Hagin's Automotive since August 2010. He has over 20 years of experience in the automotive industry.



Josh

Josh is the newest addition to the Hagin's Automotive team. Josh enjoys racing RC cars and watching sprint car racing with his wife and son. In his free time he works on

Dusty Green's sprint car. Josh has been working on cars for over 20 years and loves anything that involves cars.











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Continued from page 1- advocates to find solutions to the person's alcoholism problem, medical conditions, legal issues and troubles and more.

For many, living on the streets is a way of life and it can be difficult to convince the people Doug meets to take advantage of the various resources available through City, County and State agencies. In the meantime, they still have needs to help them survive while on the street.

Doug takes it upon himself to make sure each person has the "basics" until that time comes they decide they want to get off the streets and not come back. CCHO uses donated funds to purchase and provide items like batteries, flash lights, gloves, food, clothing (a lot of socks), hygiene products, sleeping bags, blankets, towels, garbage bags, over the counter meds, bus passes and BART passes. He also distributes warm clothing, jackets and blankets donated by concerned citizens. He also provides transportation to the shelter, hospital, detox center or mental health facilities. Besides the homeless, Doug also helps people stranded in Martinez at Amtrak because they got on the train without a ticket, but were forced to get off when tickets are checked at the Martinez station. CCHO is the only homeless advocate that offers these services six nights a week including weekends. It can be a Godsend for people in need. He often gives rides to individuals who were incarcerated in County Jail for any number of reasons and have no way to get back to the city from which they were arrested. Many of them are released well into the evening and find themselves stranded.

Another group Doug has found himself helping is recently released prisoners from State Prison. It is not unusual for a Dept. of Corrections bus to drop off one or more parolees in Martinez and leave them there with no way to cash the meager check they were given when released. In may cases Doug will help as he can with food and a ride to BART or a bus to help the person get to their home town.

(Provided by http://www.homelessoutreach.net)



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